40B **M SHX Z Z**

PS: Red Fer State farm They say that happiness will find you. But I think sadness finds you too, It sneaks up on you in darkness, Just when you think you've made it through, It opens holes in what was solid ground, The kind you never know are there, Until you go to take another step. And find you're standing over air. The world around you passes by, In blurs of colour and sound, Nothing around you making sense. As you continue your plummet down, You can't remember how it started, And you don't know when it will end, But you know that you'd give anything. To stand up on your feet again, Sadness is that feeling, When the falling doesn't stop. And it saps your life of meaning, But

And all the good things that you've got, So when you finally hit rock bottom, And you look back up at the sky. What you once had seems so far away. The only thing left to do is cry, People all yell out "save yourself", Calling things about "happiness" and "hope", they're too busy with their lives to realise,

It'd be a lot quicker if they let down a rope.

By Nylah.D